

# The Australian Women's Register

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**Entry type:** Person

**Entry ID:** AWE0587

## Frost, Catherine Adelaide Marcelle

(1921 - 2013)

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**Born** 28 December, 1921, Lakemba New South Wales Australia

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**Died** 12 May, 2013

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**Occupation** Community worker, Servicewoman

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### Summary

Before joining the Women's Auxiliary Australian Air Force (WAAAF) in 1942, Catherine Frost (née Sommers) was a full time ballet student. She worked part time in the family cycle business as well as competing in track cycle racing and being a member of the New South Wales Flying Club. With the WAAAF she was a fabric worker. Following World War II Frost became a member of a number of community services including the Prince Henry Little Bay Hospital, the Royal Alexandra Children's Hospital, Camperdown and the Asthma Children's Foundation, Sutherland. On 26 January 1997 Catherine Frost was awarded the Medal of the Order of Australia and she received the Australian Sports Medal on 30 August 2000.

## Events

### **1946 - 1946**

Married Jack Douglas Frost and they had one daughter

### **1942 - 1945**

Served with the Women's Auxiliary Australian Air Force (WAAAF)

### **1950 - 1950**

Joined the Lawn Bowls Association

### **1966 - 1966**

Secretary of the Sutherland District Girl Guides Association

### **1955 - 1968**

Learn to Swim instructor for the NSW Swimming Association

### **1950 - 1950**

Member of the Asthma Association

### **1965 - 1971**

Learn to Swim instructor for the Asthma Association

### **1969 - 1980**

Learn to Swim instructor for the Sutherland Physically & Intellectually Challenged Children

### **1997 - 1997**

Awarded Medal of the Order of Australia for service to Lawn Bowls at Club, State and National levels and to the community

### **2000 - 2000**

Awarded the Australian Sports Medal

### **1943 - 1943**

Promoted to Corporal

### **1944 - 1944**

Promoted to Sergeant

### **1960 - 1964**

President of the Sutherland Lawn Bowls Club

### **1988 - 1990**

President of the Royal NSW Bowling Association

### **1990 - 2001**

Secretary of Australian Women's Bowls Council.

### **2000 - 2002**

President of Lawn Bowls International

## Published resources

### **Resource Section**

SOMMERS, CATHERINE ADELAIDE MARCELLE, Department of Veterans' Affairs, 2002,  
<http://www.ww2roll.gov.au/script/veteran.asp?ServiceID=R&VeteranID=935802>

### **Resource**

Trove, National Library of Australia, 2009

## Author Details

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