

# The Australian Women's Register

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**Entry type:** Person  
**Entry ID:** AWE0949

## Cox, Lesley Mary

(1918 - 2003)

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**Born** 1 January, 1918, Unley South Australia Australia

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**Died** 12 October, 2003

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**Occupation** Educator

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### Summary

For service to child development, in particular as the director of the Lesley Cox School of Music, Movement and Drama, and to the community, Lesley Cox was awarded the Medal of the Order of Australia on 26 January 1998.

Cox was introduced to Dalcroze Eurhythmics by Heather Gell. Dalcroze Eurhythmics was established by Emile Jaques-Dalcroze (1865-1950) a Swiss composer and pianist who, in the early years of the twentieth century, researched the effect of human movement on musical perception, and the impact of musical elements on movement technique. He called his approach to music education 'Eurhythmics'. It means, literally, "good rhythm". Cox went to Sydney to study with Gell during the 1940s and again in 1957 to complete her Licentiate. She established the Lesley Cox School of Music, Movement and Drama and published books and sound recordings on the subject.

### Published resources

#### Resource Section

Vale Lesley Cox,  
<http://www.dalcroze.org.au/news1.htm>

#### Book

The colours of Christmas, Cox, Lesley M; illustrations: Warren, Denise and Kirwan, Ian, 1983

The eurythmics of Emile Jaques-Dalcroze : music, movement, drama : its origins and its purpose, 1865-1996, Dalcroze Society of South Australia and Cox, Lesley M, [1996]

Recollections : a tribute to Heather Gell by those who remember ... : Dalcroze eurhythmics, broadcasts in music through movement for children, the great pageants and spectacles, her early children's television, Cox, Lesley M; Holmes, Patricia L ; Pope, Joan, 1935- (collated by) and Follett, David (illustrated by), 1995

Something new : for ages ten to two, Cox, Lesley M and Hill, Jan (illustrations by), 1985

Tops and toes : for two's to ten's, Cox, Lesley M and Warren, Denise (illustrated by), 1982

One square of material : 16 plays for children aged 5 to 12 years, Cox, Lesley M and Moore, Miriam (illustrated by), 1981

Two squares of material : 12 plays for children aged 6 to 16 years, Cox, Lesley M and Moore, Miriam (illustrated by), 1981

#### Sound recording

Let's get moving, Cox, Lesley M, 1980

Music movement and drama through the singing-game, Cox, Lesley M, 1980

#### Resource

Trove, National Library of Australia, 2009

## Archival resources

### **State Library of South Australia**

[Interview with Lesley Cox \[sound recording\] Interviewer: Catherine Murphy](#)

[Interview with Lesley Cox \[sound recording\] Interviewer: Helen Pearce](#)

[Launch of the second stage of The Honoured Women Oral History Project \[sound recording\]](#)

### **Author Details**

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