

# The Australian Women's Register

---

**Entry type:** Person  
**Entry ID:** AWE2191

## Flintoff-King, Debbie

(1960 - )

---

**Born** 20 April, 1960, Melbourne Victoria Australia

---

**Occupation** Commonwealth or Empire Games Gold Medalist, Olympian, Track and Field Athlete

---

### Summary

Debbie Flintoff-King was a hard-working, determined athlete who became an Olympic champion in the gruelling 400 meters hurdles event. She won Commonwealth Gold in 1982 and 1986, spent an intense season competing in Europe in 1987, but is best remembered for her last-stride victory in Seoul in 1988.

### Events

**1988 - 1988**

Athletics – 400m Hurdles

**1984 - 1984**

Competed in Los Angeles

**1986 - 1986**

Athletics – 400m Hurdles, 400m

**1982 - 1982**

Athletics – 400m Hurdles

### Published resources

**Resource**

Trove, National Library of Australia, 2009

Australia at the Games, Australian Olympic Committee, 2006,  
<http://corporate.olympics.com.au/index.cfm?p=25>

**Edited Book**

The Oxford Companion to Australian Sport, Vamplew, Vray; Moore, Katharine; O'Hara, John; Cashman, Richard; Jobling, Ian, 1997

**Site Exhibition**

She's Game: Women Making Australian Sporting History, Australian Women's Archives Project, 2007,  
<http://www.womenaustralia.info/exhib/sg/sport-home.html>

**Author Details**

Nikki Henningham

**Created** 14 November 2006

**Last modified** 12 April 2019