

# The Australian Women's Register

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**Entry type:** Person  
**Entry ID:** AWE4395

## Parkinson, Tessa

(1986 - )

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**Born** 22 September, 1986, Perth Western Australia Australia

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**Occupation** Sailor

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### Summary

Tessa Parkinson began sailing at the age of eight with her younger brother in mirror dinghies at the Fremantle Sailing Club in Western Australia. Her love of the sport eventually saw her gain entry to the Australian Institute of Sport(AIS) in 2005.

In 2004 she began what would become a successful partnership and started racing with fellow AIS athlete Elise Rechichi. Their first big victory was in the 420 event at the 2004 Youth Sailing ISAF World Championship. Shortly afterwards they switched to the 470 class — a move which eventually led to their splendid gold medal win at the Beijing 2008 Olympic Games.

### Events

#### 2008 - 2008

Sailing – 470 class, Two Person Dinghy

### Published resources

#### Resource

Australian Institute of Sport Website, Australian Institute of Sport, 2009,  
<http://www.ausport.gov.au/ais>

Trove, National Library of Australia, 2009

#### Site Exhibition

She's Game: Women Making Australian Sporting History, Australian Women's Archives Project, 2007,  
<http://www.womenaustralia.info/exhib/sg/sport-home.html>

### Author Details

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