

# The Australian Women's Register

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**Entry type:** Person  
**Entry ID:** IMP0247

## Appleford, Alys (Alice) Ross

(1891 - 1968)

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**Born** 5 August, 1891, Ballarat Victoria Australia

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**Died** 17 August, 1968, Cronulla New South Wales Australia

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**Occupation** Nurse, Nursing administrator, Servicewoman

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### Summary

During World War I Alice Ross-King (as she was then known) was a Sister in the Australian Army Nursing Service. Mentioned twice in despatches, she was awarded the Military Medal on 28 September 1917 and the Royal Red Cross Medal on the 4 June 1918. She married Lieutenant-Colonel Sydney T Appleford of the Australian Army Medical Corps on 21 August 1919. They had four children. She assisted her husband in establishing a first-aid military unit and during the 1930s became involved with the Red Cross Voluntary Aid Detachments. Appleford enlisted in the Australian Army Medical Women's Service during World War II. She was promoted to the rank of Major in September 1942 and awarded the Florence Nightingale medal by the International Red Cross in 1949.

Alice Appleford died on 17 August 1968 at Cronulla, Sydney and is buried in Fawkner Cemetery, Melbourne.

### Events

#### 2008 - 2008

Inducted into the Victorian Honour Roll of Women

## Published resources

### **Resource Section**

Ross-King, Alice (1891-1968), Finnie, Lorna M, 2006,  
<http://www.adb.online.anu.edu.au/biogs/A110467b.htm>

APPLEFORD, ALICE ROSS, Department of Veterans' Affairs, 2002,  
<http://www.wv2roll.gov.au/script/veteran.asp?ServiceID=A&VeteranID=611355>

### **Edited Book**

Who's Who in Australia 1944, Alexander, Joseph A, 1944

### **Book**

Twentieth-Century Women of Courage, Escott, Beryl E, 1999

Australian women at war, Adam-Smith, Patsy, 1984

The Diggers : makers of the Australian military tradition, Coulthard-Clark, Chris, 1993

Just wanted to be there : Australian Service Nurses 1899-1999, Reid, Richard, 1999

Nightingales in the mud : the digger sisters of the Great War 1914 - 1918, Barker, Marianne, 1989

### **Resource**

Where are the Women in Australian science?, Australian Science and Technology Heritage Centre, 2003,  
<http://www.austehc.unimelb.edu.au/wisa/wisa.html>

Trove, National Library of Australia, 2009

## Archival resources

### **National Archives of Australia, Melbourne Office**

Army Medical & Dental Corps. Nurses and Specialists [Applications for a Commission in the A.A.M.C. Voluntary Aid Detachments (V.A.D.)] - A R Appleford [Box 69]

### **National Archives of Australia, National Office, Canberra**

APPLEFORD ALICE ROSS : Service Number - V500148 : Date of birth - 05 Aug 1891 : Place of birth - BALLARAT VIC : Place of enlistment - V A D HEADQUARTERS VIC : Next of Kin - APPLEFORD S

ROSS-KING Alice : Service Number - Staff Nurse : Place of Birth - Ballarat VIC : Place of Enlistment - N/A : Next of Kin - (Mother) KING C H

### **Australian War Memorial, Research Centre**

End of War Awards - submissions by [Quartermaster-General and Director-General of Medical Services]

Major A.R. Appleford, RRC, MM, Assistant Controller, Australian Army Medical Women's Service inspecting the kits of members who are on draft to northern areas

Her Excellency, Lady Zara Gowrie, wife of the Governor General of Australia, inspecting members of the Australian Army Medical Women's Service at the 115th Heidelberg Military Hospital

Major A.R. Appleford, RRC, MM, Assistant Controller conducting a kit inspection of members of the Australian Army Medical Women's Service on draft for northern areas

Officers at the Conference of Assistant and Deputy Assistant Controllers, Australian Army Medical Women's Service.

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Major A.R. Appleford, RRC, MM, Assistant Controller, Australian Army Medical Women's Service, Victorian Lines of Communication Area

Major A.R. Appleford, RRC, MM, with Captain P. Williamson, Australian Army Medical Women's Service

The leaders of the Australian Red Cross Voluntary Aid Detachment (VAD)

Captain W. J. J. McGee, assisted by Major A. R. Appleford, member of the Red Cross, MM

Captain W. J. J. McGee, assisted by Major A. R. Appleford, member of the Red Cross, MM

Ross-King, Alice, MM (Sister, b.1887 - d.1968)

### **Author Details**

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## Digital resources



**Title:** The leaders of the Australian Red Cross Voluntary Aid Detachment  
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